

# Holy Week

with Jesus



From Palm Sunday to  
Easter Morning



## PALM SUNDAY

### **Jesus Enters Jerusalem**

On Palm Sunday, Jesus rode a donkey into Jerusalem. People waved palm branches and shouted with joy, “Hosanna! Blessed is he who comes in the name of the Lord!” When we wave our palms in church, we welcome Jesus into our hearts and homes.

**‘Hosanna! Blessed is he who comes  
in the name of the Lord!’**

*– John 12:13*

## PRAYER

### Dear Jesus,

Come into my heart with your love.  
Help me follow you this Holy Week  
with joy and peace.  
*Amen.*

.....

## ACTIVITY

### Make a Palm Branch

Trace your hand on green paper and cut it out. Glue several handprints to a stick to make your palm branch. On each handprint, write one way you can welcome Jesus— like pray, help, share, or be kind.

Wave your palms and say:  
**“Hosanna in the highest!”**





## MONDAY OF HOLY WEEK

### **Love One Another**

Jesus told his friends, “Love one another as I have loved you.” He showed his love by serving others, even when it was hard. Jesus wants us to love everyone—our family, our friends, and even people who are difficult to get along with.

**“As I have loved you,  
so you also should love one another.”**

*—John 13:34*

## PRAYER

**Dear Jesus,**

Help me love others the way  
you love me. Let my heart be full  
of kindness every day.

*Amen.*



## ACTIVITY

### Love in Action

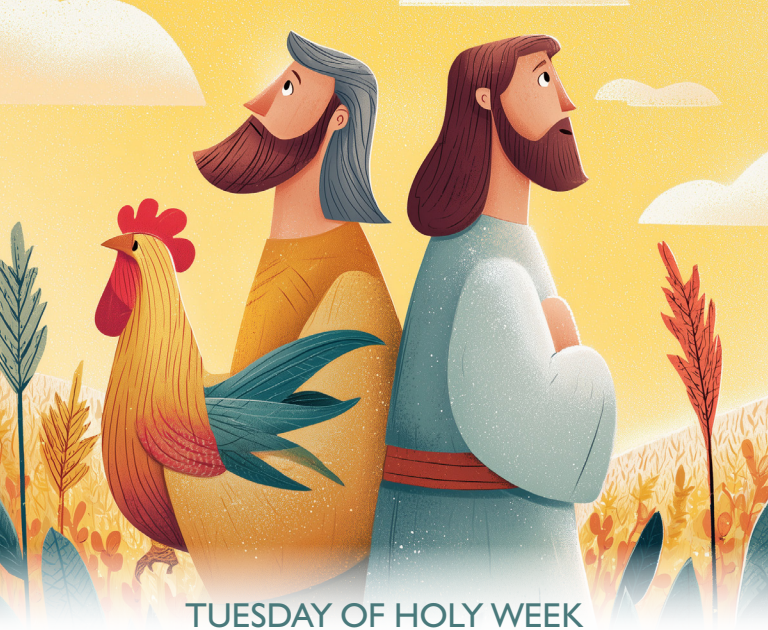
Cut out paper hearts. On each heart, draw or write one way to love others—help a friend, share toys, forgive someone, or say kind words. Then, fill in the blanks below:

“Jesus said, ‘Love one \_\_\_\_\_ as I have  
\_\_\_\_\_ you.’”

Answers: another, loved







## TUESDAY OF HOLY WEEK

### **Be Brave and Forgiveness**

Peter loved Jesus, but he was afraid when people asked if he knew him. Peter said he didn't know Jesus—three times! But Jesus never stopped loving him. Later, Jesus forgave Peter and helped him be brave and faithful again. When we make mistakes, Jesus always forgives us too.

**“Do not be afraid; I am with you.”**  
— Isaiah 41:10

## PRAYER

### Dear Jesus,

When I am scared or make a mistake,  
help me trust you. Thank you for always  
forgiving me and helping me try again.

*Amen.*



## ACTIVITY

### Peter's Story

Fill in the blanks to complete Peter's story.

Peter loved \_\_\_\_\_, but he was \_\_\_\_\_  
when people asked if he knew him.

He said he didn't \_\_\_\_\_ Jesus three  
times!

Later, Jesus \_\_\_\_\_ Peter and helped  
him be \_\_\_\_\_ again.



## WEDNESDAY OF HOLY WEEK

### **Make Good Choices**

Judas was one of Jesus' friends, but he made a bad choice and turned away from Jesus. We all make bad choices sometimes, but Jesus wants us to turn back to him and choose love instead. When we say we're sorry, Jesus forgives us and helps us start again.

**“Turn away from doing bad and do good.” — Psalm 34:14**



## PRAYER

### Dear Jesus,

Help me make good choices.  
When I do something wrong,  
help me say I'm sorry and try again.  
*Amen.*

.....

## ACTIVITY

### Word Search

Find these words in the puzzle:

share    pray    love  
listen    help    forgive

s	h	a	r	e	x	q	l
a	d	m	c	t	u	e	o
l	i	s	t	e	n	v	v
g	m	d	w	c	a	i	e
p	r	a	y	n	z	g	s
q	o	f	i	r	l	r	h
h	e	l	p	b	c	o	m
v	k	r	s	u	e	f	i



## HOLY THURSDAY

### **The Last Supper**

On Holy Thursday, Jesus shared a very special meal with his friends, the apostles. He blessed the bread and wine and said, “This is my Body... this is my Blood.” This was the very first Mass, where Jesus gave us the gift of himself in love.

**“Do this in memory of me.”**

*– Luke 22:19*

## PRAYER

### Dear Jesus,

Thank you for giving us the gift of the Eucharist. Help me to serve others with kindness, just as you showed your friends. *Amen.*

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## ACTIVITY

### At the Table with Jesus

Unscramble each word to remember what happened at the Last Supper.

1. SJSEU

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2. AMSS

---

3. RAPREY

---

4. NDEIRF

---

5. AEBRD

---

6. EIWN

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Answers: Jesus, Mass, Prayer, Friend, Bread, Wine



GOOD FRIDAY

## **Jesus Dies on the Cross**

On Good Friday, Jesus carried his heavy cross and died on the hill called Calvary. He did this because he loves us very much. The cross is not the end—it is the sign of how great Jesus' love is for the world.

**“Father, into your hands  
I commit my spirit.”**

*—Luke 23:46*

## PRAYER

### **Dear Jesus,**

Help me remember your love when  
I feel sad or afraid. Teach me to carry  
my little crosses with love, like you did.

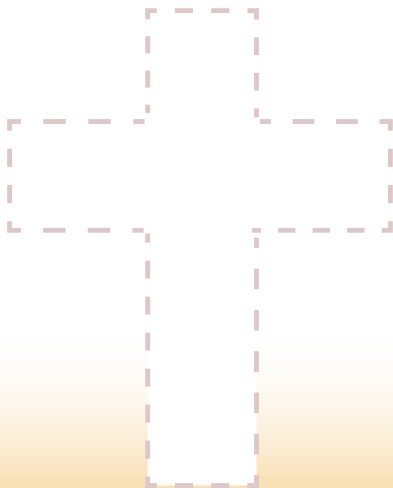
*Amen.*



## ACTIVITY

### **Trace the Cross**

Draw or trace a cross. Inside it, write the  
words: "Thank you, Jesus."





## HOLY SATURDAY **Waiting in Hope**

On Holy Saturday, Jesus' body rested in the tomb. His friends waited in silence and hope. It seemed like everything was over, but God was working on a great surprise—Easter! Even when we are waiting, God is always with us.

**“They laid Jesus in a new tomb.”**  
*—John 19:41*



## PRAYER:

### **Dear Lord,**

Help me be patient when  
I have to wait. Fill my heart with hope  
and trust in you. Your light is stronger  
than the darkness. *Amen.*

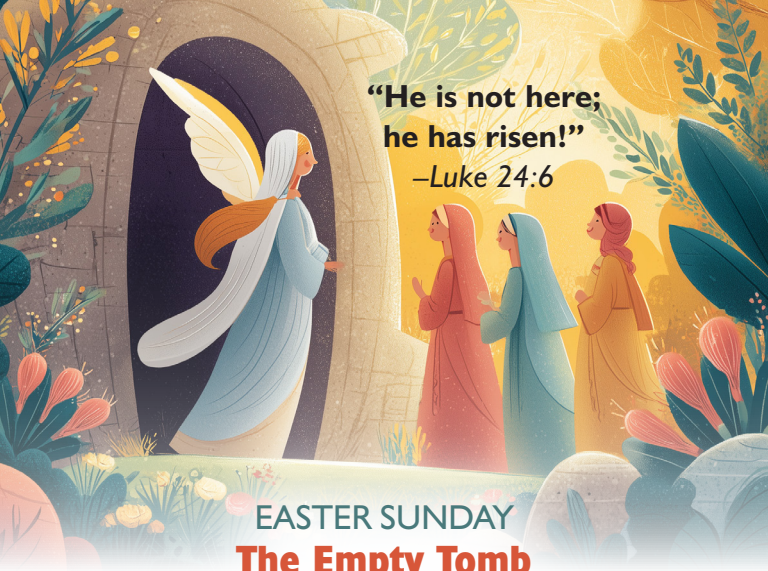
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## ACTIVITY

### **Follow the Path to the Tomb**

Solve the maze to help the women find the  
tomb where Jesus was laid.





**“He is not here;  
he has risen!”**

**—Luke 24:6**

**EASTER SUNDAY**

## **The Empty Tomb**

Early in the morning, the women came to Jesus’ tomb. But the stone was rolled away—Jesus was gone! An angel told them, “He is not here—He has risen!” Jesus is alive! He brings new life, joy, and hope to everyone.

**Alleluia Jesus!**

You are risen! Fill me with Easter joy and help me share your love. Amen.



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